

**NUTRITION AND FITNESS TASK FORCE MEETING  
MEETING MINUTES  
October 25, 2006 – BCHD Auditorium  
11:00 A.M.**

**MEMBERS PRESENT**

Adams, Gail  
Beaulieu, Linda  
Claprod, Elyse  
Clayton-Wright, Ardith  
Edgar, Suzanne  
Gourdet, Nickette  
Johnston, Skip  
Jordan, Joyce  
Kauffman, Ron  
Lori Kessler  
Kreafle, Julie  
Machaido, Lisa  
McCarthy, Katie  
Moraitis, Heather  
Podolsky, Renee  
Patton, Tim  
Ramirez, Juan  
Ranade, Dina  
Webster, Susan  
Welch, Kathy

**STAFF PRESENT**

Hunley, Robin

**GUESTS**

Gasana, Janvier  
Lazar, Dawn

**I. Welcome and Introductions;** Ardith Clayton-Wright, Chair

The Nutrition and Fitness Task Force was called to order at 11:00 a.m. by the Chair, Ardith Wright. Self introductions were made.

**II. Approval of Minutes of September 27, 2006**

The Chair requested a motion for approval of the September 27, 2006 Nutrition and Fitness Task Force meeting minutes.

**MOTION** by Susan Webster to “approve the minutes as circulated”

**MOTION SECOND** by Kathy Welch

With all members present voting ‘aye’, the motion carried.

The motion was carried pending the correction of ‘**IV. Sharing the Harvest**’.

**Please see corrected paragraph**

**Sharing the Harvest/Farm Share Project;** Ann Chickowski – Chair.

Ms. Chickowski updated the Nutrition and Fitness Taskforce on the status of ‘Share the Harvest’, a Farm Share project. ‘Share the Harvest’ is a Nutrition and Fitness Taskforce initiative, of which Broward Meals on Wheels is the lead agency. The funding to be requested from Health Foundation of South Florida is \$300,000, intended to cover the program’s operating costs for about three years. Ms. Chickowski

discussed the potentials of the proposed program and the benefits to Broward County's residents. The next step will be to contact the media and local politicians to promote awareness of the program.

### **III. Data Collection Methodologies and Data Base Development.**

Dr. Gasana, Associate Professor and Chair of FIU Stemple School of Public Health discussed with the taskforce the method that he has used in collecting data and applying for funding. He discussed in detail the method that he used to obtain funding for his interest- Lead Poisoning research projects.

It was suggested and discussed with Dr. Gasana the possibility of assigning graduate level public health students to assist stakeholders in need of assistance with data collection and analysis.

Other issues discussed were:

- Create informational set for lower income population that can be translated into the various languages to meet needs of population. Informational set should be a Fact Sheet containing **Do's and Don'ts**.
- Conducting literature search to obtain evidence based projects
- An area of interest noted, was the correlation of reduced physical education and increased obese children within Broward County
- Tools to be used to obtain useful information and identification of trends
- Stakeholders were encouraged to send to Dr. Gasana, via Ardith Clayton-Wright, copies of the tools currently being used by their agencies. November 17, was the day chosen by the taskforce for the requested tools to be received by Ms. Clayton-Wright.

### **IV. Subcommittees Updates:**

- **Share the Harvest** – as was reported by Ms. Podolsky, the preliminary proposal has been submitted to Health Foundation of South Florida.
- **Worksite Wellness/Charles Drew Elementary School Pilot School-** as was reported by Ms. Beaulieu, Chair, Interest among the staff at this pilot school is great. Wellness tools developed by Broward Schools Board of Education are Wellness Team is currently being used. The goal is to motivate the school staff to want to be healthy which should increase their desire to assist the students in achieving wellness goals
- **Faith Based programs-** As was shared by Juan Ramirez, Chair, stakeholders interested in assisting in developing nutrition and related programs to the faith-based organizations are needed. Current focal message is on heart disease and stroke prevention.

### **V. Other Business**

**Senior LifeStyles for Longevity** – As reported by Ron Kauffman, Founder, Executive director and live Talk Show host, Senior Lifestyles for Longevity is a talk radio program

which is designed to provide information and education to the senior population. It is Mr. Kauffman's desire with available funding to convert the radio program to a community television program for seniors. Issues relating to seniors can be aired on this radio program.

**Boys and Girls Club** - As was reported by Joyce Jordan is available to participate in Health Fairs within Broward County.

**VI. Next Meeting Date**

The next Nutrition and Fitness Task Force meeting was scheduled for January 24 , 2006, 11:00 a.m. at the Broward County Health Department.

**VII. Adjournment**

With no further business to discuss, the Chair motioned to adjourn at 12:30 p.m.