

**Nutrition and Fitness Task Force Minutes  
Broward County Health Department Auditorium  
October 24, 2007, 11:00 A.M.**

**Attendees**

<b>Avery, Devin PhD</b>	<b>Kunins, Lynne</b>
<b>Barrath, Joanna</b>	<b>Marty-Jimenez, Brenda</b>
<b>Carre, Pamela</b>	<b>Mendez, Maria</b>
<b>Claprod, Elyse</b>	<b>Mendina, Mary</b>
<b>Clayton-Wright, Ardith</b>	<b>Moppert, Darlene</b>
<b>Claprod, Elyse</b>	<b>O'Keefe, Maureen</b>
<b>Clayton-Wright, Ardith</b>	<b>Sayih, Jim</b>
<b>Finkelstein, JoAnn</b>	<b>Segal, Jeff</b>
<b>Feiler, Ellen</b>	<b>St. Marie, Jennifer</b>
<b>Gourdet, Nickette</b>	<b>Welch, Kathy</b>
<b>Edwin H. Hamilton, MD, D.MIN</b>	<b>Weston, Marie, MD</b>
<b>Jones, Janet</b>	<b>Whitt, Cathy</b>
<b>Jones, Prince</b>	<b>Zanin, Elly</b>
<b>Jordan, Joyce</b>	<b>Zeldis, Beth, PhD</b>
<b>Kessler, Lori</b>	
<b>Kulka, Babette</b>	

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- I. Welcome and Introductions:**

The Nutrition and Fitness Task Force was called to order at 11:15 AM by the Chair, Ardith Clayton-Wright. Self introductions were made.
  
- II. Approval of Minutes of September 26, 2007**

The Chair requested a motion for approval of the September 26, 2007, 2007 Nutrition and Fitness Task Force meeting minutes. **Motion** made by Ms. Feiler and seconded by Dr. Zeldis to approve the minutes as circulated". With all members present voting 'aye', the motion was carried.
  
- III. Broward County School Wellness Policy**

Darlene Moppert, MS, RD, LD/N, Program Manager, Nutrition Education and Training Food and Nutrition Services Broward County Schools

Mrs. Moppert reviewed the highlights of the evaluation of the 2006-07 School Year Wellness Policy Evaluation. (Please see attachment). She also provided a review of the School Board of Broward County Wellness Strategic Plan. The Wellness Policy Committee made the recommendation that school wellness needed to deal with issues beyond just physical fitness. The Wellness Strategic Plan was presented to the School Board on September 25th.
  
- IV. Family Nutrition Program (FNP);** Brenda Marty Jimenez, MHM, RD, LD/N  
Broward County Extension/UF-IFAS

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Per Mrs. Marty-Jimenez, Broward County Extension/ University of FL-IFAS has a terrific new program that will be implemented in January 2008, which is targeting the low income/ food stamp eligible youth and adult recipients in Broward County. Twenty-three counties around the state are offering the Food and Nutrition Program (FNP). The program which will include, basic nutrition, food demonstrations, food safety and physical activity information will be presented by Broward County Extension/UF-IFAS team. The programs are fun and free. There are 3 types of programs: educational series, one time programs and social. Due to the **Family Nutrition Program** being federally funded, the program can only be provided to partners that provide services to participants that are low income and food stamp eligible. The partners need to be funded by the city, county or state. Broward County Extension/UF-IFAS team will do all the teaching; provide the educational materials, food samples, if applicable, etc...

The Broward County Extension/UF-IFAS team is on a short timeline and need to have the grant proposal in by November 1<sup>st</sup>. Interested stakeholders wishing to be included in the grant need to contact Mrs. Marty-Jimenez as soon as is possible, at [bjimenez@broward.org](mailto:bjimenez@broward.org).

- V. **911 Fitness**; Jim Sayih, MS. Founder of 911Fitness INC.  
Broward County Florida Adventure Boot Camp for Women  
Fitness Program for CEO Challenge  
**For more information visit:** [www.jimsayih.com](http://www.jimsayih.com)

Formation of Fitness Special Needs Committee, addressing fitness for special needs population. Interested stakeholders are encouraged to contact Jim at [jim@911Fitness.com](mailto:jim@911Fitness.com)

- VI. **Updates:**  
**Your piece of the pie as it relates to Broward County... Enhancing the Nutrition and Fitness Strategic Plan Goals and Enhancing its Visibility;** Devin Avery, PhD, Executive Director of Vision Broward, Strategic Development Manager, Broward County Office of Economic Development.

A brief update was provided to the Nutrition and Fitness Taskforce attendees, regarding the status of the production plan. Stakeholders, who had not yet responded regarding their participation, were encouraged to do so.

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**Nutrition and Fitness Showcase Expo Planning;** Regine Kanzki MPH, Chair of Nutrition and Fitness Taskforce Showcase Expo Subcommittee; United Way of Broward County.

A brief update was provided to the Nutrition and Fitness Taskforce attendees, regarding the status of the Showcase Expo planning. Updates will be continued at each Taskforce meeting prior to the event.

**Oral Health Stakeholder Interests**

The relationship between oral health and obesity was briefly discussed. Stakeholders were encouraged to partner with other stakeholders in exploring ways of obtaining funding and providing services to targeted population.

**VII. Round Table discussions**

Stakeholders were able to network and update fellow colleagues on activities within their agencies.

- **Elyse Claprod MS, Broward County Healthy Start Coalition:** Healthy Start, Call to Action. February 12, 2007, 10AM -12Noon. The purpose of this event is to bring experts together around the table to discuss the current infant mortality rates, which is a travesty. Significant gap between white versus non-white infant mortality rates.
- **Dr. Edwin Hamilton MD, Community Health Education Alliance** Health Summit on Childhood Obesity, November 18, 2007, 2 -5PM. Request was made to stakeholders to provide assistance in the presentation of this event. Interested stakeholders are encouraged to contact Jim at [jim@911Fitness.com](mailto:jim@911Fitness.com)
- **Lynne Kunins, FLIPANY**  
FLIPANY's upcoming event: Fitness on the Beach. Mark calendar.

**With no further business to discuss, the meeting was adjourned at 12:30PM.**