

**Nutrition and Fitness Task Force Meeting Minutes
Broward County Health Department Auditorium
August 22, 2007, 11:00 A.M.**

Attendees

Avery, Devin	Owen, Malissa
Barrath, Joanna	Pavlov, Marina
Brennan, Diane	Rivera, Cheryl
Carre, Pamela	Riddell, Joy
Clayton-Wright, Ardith	Rhoulhac, Jeanna
Chickowski, Ann	Sims, Candy
Dunn, Melissa	Stewart, Toni
Gourdet, Nickette	Segal, Jeff
Hacker, Rebecca	Sosa, Abdiel
Kanzki, Regine	Travers, Elizabeth
Marseille, Suzzette	Whitt, Cathy
Medina, Mary	Welch, Kathy
Leon Santiago	Zanin, Elly

I. Welcome and Introductions:

The Nutrition and Fitness Task Force was called to order at 11:00 AM by the Chair, Ardith Clayton-Wright. Self introductions were made.

II. Approval of Minutes of June 27, 2007

The Chair requested a motion for approval of the July 25, 2007 Nutrition and Fitness Task Force meeting minutes.

Motion made and seconded to approve the minutes as circulated". With all members present voting 'aye', the motion was carried.

III. Your piece of the pie as it relates to Broward County...

Enhancing the Nutrition and Fitness Strategic Plan Goals and Enhancing its Visibility; Devin Avery, PhD, Executive Director of Vision Broward, Strategic Development Manager, Broward County Office of Economic Development.

Dr. Avery addressed Goal#4 of the Nutrition and Fitness Taskforce Strategic Plan (Improving and enhancing access and dissemination of information pertaining to nutrition and fitness. As the Nutrition and Fitness Taskforce continue to demonstrate dynamic motion, it is imperative that the role that the Taskforce plays within the County be disseminated throughout the County, State and nationally.

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Dr. Avery on behalf of VisionBroward invited the Taskforce to join forces with VisionBroward Leadership Forum, in planning a three- day Leadership/Nutrition and Fitness Forum. VisionBroward is also inviting the Taskforce to participate in developing a video that will showcase the accomplishments and services provided to the County by the Taskforce stakeholders. Vision Broward will cover 50% of the cost; however the Taskforce will need to cover the remaining cost.

The Taskforce expressed their interest and verbalized their desire to make the offer a reality. Discussions that developed as a result of the presentation are as follows:

- **Who will be included in the video presentation, and topics will be included.**

This video production will be open to all Nutrition and Fitness Taskforce stakeholders. Each stakeholder was invited to develop a brief script including what services and suggestions to be included in the video and submit it to the Chair of the Taskforce.

A few Suggestions provided by a few of the Taskforce stakeholders:

- Walk Safe Program for Physical Education Teachers
 - Safe Route to Schools Grant
 - Infra-structure- dollars go through school system to county.
 - Non-infra-structure-program-walking school bus, bicycle safety, etc.
 - Promote the health atmosphere of Broward County and it's opportunities would enhance tourism and economic growth
 - Transportation for older adults to SilverSneakers Fitness Centers
 - Many seniors do not have transportation - due to various reasons - to participate in a fitness program at no extra cost to them, to help them improve their quality of their lives.
- **Who will finance the Video production?**
 - Vision Broward will cover 50% of the cost and the Nutrition and Fitness Taskforce stakeholders will need to cover the balance.

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During the September Taskforce's meeting, the discussion regarding - the video production will be continued.

IV Updates:

- **Nutrition and Fitness Showcase Expo Planning**
 - Proposed date: February 29, 2007 (Forum is February 29, - March 2, 2007.
 - Venue: Broward Community Center North/South
 - Volunteers are needed. More details regarding the event will be shared at the September Taskforce's meeting

- **Smart Growth Partnership Project**
 - Responses from the Nutrition and Fitness Taskforce regarding the health section of the Smart Growth Partnership Principles are greatly appreciated

- **Fitness Measuring Tools**
 - Tim Patton, Director; Professional Master of Public Health, Institute for Community Health & Minority Medicine School of Graduate Medical Sciences, BARRY University has volunteered to chair the Best Practice Committee and will spearhead the "Body composition Measuring Tool" project.

V. Round Table discussions

Stakeholders were able to network and update fellow colleagues on activities within their agencies

With no further business to discuss, the meeting was adjourned at 12:30PM.