



Charlie Crist
Governor

Ana M. Viamonte Ros, M.D., MPH
State Surgeon General

For Immediate Release
June 18, 2009

Contact: Candy Sims, Public Information Officer
(954) 467-4784

***BROWARD COUNTY HEALTH DEPARTMENT
ENCOURAGES PARENTS AND SUMMER RECREATIONAL PROGRAM OPERATORS
TO CONTINUE TO TAKE PRECAUTIONS TO PREVENT THE SPREAD OF SWINE FLU***

Broward County, Florida—With summer activities well underway in the County, Broward County Health Department would like to remind parents, schools, daycare centers, summer camp operators, parks and recreation centers to continue to take precautions to prevent the spread of swine flu and respiratory illnesses. The swine flu virus continues to be widespread, but generally mild.

The symptoms of swine flu are similar to the symptoms of seasonal flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people have reported diarrhea and vomiting associated with swine flu. Like seasonal influenza, the swine flu may cause a worsening of underlying chronic medical conditions.

Broward County Health Department officials offer these recommendations:

- People with respiratory illness should stay home from work or school to avoid spreading infections, including influenza, to others in the community;
- Avoid close contact with people who are coughing or otherwise appear ill;
- Avoid touching your eyes, nose and mouth;
- Wash hands frequently to lessen the spread of respiratory illness;
- People experiencing cough, fever and fatigue, possibly along with diarrhea and vomiting, should contact their physician/health care provider;
- Cough or sneeze into a tissue or into your upper sleeve, not your hands and put your used tissue in the waste basket;
- If you think you have influenza, please call your health care provider and discuss whether you need to be seen.

Broward County Health Department continues community surveillance and outreach to physicians, hospitals, other health care professionals and community partners.

More information is provided at:

Broward County Health Department, www.browardchd.org, Florida Department of Health www.doh.state.fl.us or Centers For Disease Control and Prevention, www.cdc.gov/swineflu.

###